



CREATE YOUR OWN PIZZA!

TOPPINGS INCLUDE:

Pepperoni, Bacon, Ham, Basil, Sausage, Black Olives, Hot Peppers, Anchovies, Tomato, Meatballs, Green Olives, Fresh Mushrooms, Ricotta, Pickles, Onions, Sweet Peppers, Extra Cheese

THE SQUARES - IT'S HIP TO BE SQUARE!

Personal 12" Family 16"

NONNA PIE | \$18.95 | \$22.95

Flat Square Pizza, Fresh Mozzarella, Marinara, Sprinkled Parm & Basil

SPINACH & ARTICHOKE PIE | \$19.95 | \$23.95
Fresh cream spinach with melted mozzarella

STUFFED PIZZAS

(12 INCH PIZZAS)

FRANCO'S STUFFED & MEATY

Stuffed w/ Meatballs, Sausage, Ham, Pepperoni, Mozzarella & Baked!

FRANCO'S STUFFED & VEGGIE

Stuffed w/ Mixed Garlic Sautéed Veggies, Mozzarella & Baked!

\$24.95 EACH!

SPECIALTY PIZZA

10" GLUTEN FREE PIZZA | \$13.95

LARGE SICILIAN PIZZA | \$23.95

FRANCO'S FLATBREAD PIZZA | \$13.95

Fresh Mozzarella, Tomato Sauce, Cherry Tomatoes & Basil

THE CALZONE CORNER

Huge, Delicious, Made to Order Always!

CHEESESTEAK | \$15.95

CHICKEN PARMIGIANA | \$15.95

SPINACH | \$13.95

CHEESE | \$12.95

BUFFALO CHICKEN | \$15.95

Served w/ Blue Cheese

PRIMAVERA Vegetable | \$14.95

3 MEAT | \$14.95

Pepperoni, Sausage & Meatballs

DESSERTS

Ask us About Our Dessert of the Day!

WARM CHOCOLATE LAVA CAKE | \$10.95

With Vanilla Bean Ice Cream

TIRAMISU | \$8.95

LIMONCELLO CAKE | \$8.95

NONNO FRANK'S

RISOTTO PUDDING | \$9.95

With Whipped Cream & Cinnamon

TARTUFO | \$8.95

LUNCH SPECIALTIES

Available Daily 11 AM - 4 PM

Add a Starter Salad to any

Lunch Entrée \$5.99!

FRESH FLOURDER OREGANATA | \$19.95

with Spinach

BLACKENED SALMON | \$20.95

with Broccoli Rabe

GRILLED SALMON | \$19.95

with Sautéed Spinach

PAN SEARED SCALLOPS | \$19.95

with Asparagus

BLACKENED SHRIMP | \$18.95

with Broccoli Rabe

GARLIC SHRIMP SCAMPI | \$17.95

over Linguini

CHICKEN SCARPARIELLO | \$19.95

over Fettuccine

PEI MUSSELS | \$17.95

Over Linguini Choose from Garlic White Wine, Sweet Red or Spicy Red Sauces

*CHICKEN LUIS | \$17.95

Grilled or Pan Fried Topped with a Baby Arugula Salad

*CHICKEN SONIA | \$17.95

Grilled or Pan Fried Topped with a Tomato, Mozzarella & Basil Salad

GRILLED SAUSAGE | \$16.95

over Broccoli Rabe

GRILLED CHICKEN | \$15.95

with Mixed Vegetables

*CHICKEN | \$16.95

(Parmigiana, Francese, Marsala, Picata)

EGGPLANT ROLLATINI | \$13.95

over Penne

*EGGPLANT PARMIGIANA LUNCH | \$15.95

HORSERADISH CRUSTED

SALMON WITH ASPARAGUS

IN A WHITE WINE SAUCE | \$24.95

CHICKEN CACCIATORE OVER

FETTUCINE | \$19.95

Red Sauce w/ Peppers, Onions & Mushrooms

PLEASE SPECIFY LUNCH PORTION WHEN ORDERING

FAMOUS WRAPS \$14.95

Gluten Free Wraps Now Available! Served with Skin on Fries or Mixed Green Salad

Available Daily 11 AM - 4 PM

BUFFALO CHICKEN WRAP

Lettuce, Tomato, Breaded Buffalo

Chicken & Blue Cheese Dressing

CHICKEN CAESAR WRAP

Crisp Romaine, Shaved Parm, Grilled

Chicken & Caesar Dressing

CHICKEN PESTO WRAP

Grilled Chicken, Spinach, Tomato,

Mozzarella & Fresh Pesto

EGGPLANT BELMONTE

Breaded Eggplant, Mozzarella,

Roasted Peppers & Baby Arugula

CHICKEN BELMONTE

Grilled Chicken, Mozzarella, Roasted

Peppers & Baby Arugula

CHICKEN BACON RANCH

Lettuce, Tomato, Grilled

Chicken, Bacon & Ranch

SOUTHWEST CHICKEN WRAP

Seasoned Chicken, Peppers, Onions,

Provolone & Chipotle Dressing

CHICKEN CHIPOTLE WRAP

Breaded Chicken, Lettuce,

Tomatoes, Onions & Chipotle

CHEESESTEAK WRAP

Steak, Onions, Lettuce, Tomato & Mozzarella

FRESH PRESSED PANINI \$15.95

Now Served on Homemade Focaccia Bread! Served with Skin on Fries or Mixed Green Salad Available Daily 11 AM - 4 PM

CHICKEN PESTO PANINI

Grilled Chicken, Sliced Tomato,

Pesto & Fresh Mozzarella

EGGPLANT BELMONTE PANINI

Breaded Eggplant, Fresh Mozzarella,

Roasted Peppers, Balsamic & Oil

CHICKEN BELMONTE PANINI

Grilled Chicken, Fresh Mozzarella,

Roasted Peppers, Balsamic & Oil

PROSCIUTTO & MOZZARELLA PANINI

Prosciutto Di Parma, Fresh Mozzarella, Roasted

Peppers, Roasted Tomatoes, Oil & Balsamic

ITALIAN COMBO PANINI

Ham, Genoa Salami, Provolone, Sliced

Tomatoes, Oil, Red Wine Vinegar & Oregano

CHICKEN & RABE PANINI

Breaded or Grilled Chicken, Garlic

Sautéed Broccoli Rabe, Fresh

Mozzarella & Roasted Tomatoes

TOMATO & MOZZARELLA PANINI

Sliced Tomato, Fresh Mozzarella,

Roasted Peppers & Pesto

PANINI SORRENTINO

Grilled Chicken, Breaded Eggplant, Prosciutto,

Roasted Tomatoes, Oil & Balsamic

BURGERS \$15.95

8 oz. Certified Black Angus Burgers!

Served with Skin on Fries or Mixed Green Salad. Available Daily 11 AM - 4 PM

ALL-AMERICAN BURGER Yellow Cheese, Lettuce, Tomatoes, Onions, Pickles

THE BELMONTE BURGER Mozzarella, Baby Arugula, Roasted Peppers, Balsamic

BURGER PARM Marinara, Melted Mozzarella, Baby Arugula, Garlic Bread Brioche Bun

GORGONZOLA BURGER Melted Gorgonzola, Lettuce, Tomatoes, Onions

METRO BURGER | Frizzy Onions, Melted Provolone, Smokey BBQ Sauce

THE FOCACCIA BURGER

Fresh Mozzarella, Fresh Pesto, Sliced Tomato & Basil on a Toasted Focaccia Bun

Franco's Now Offers Beer, Wine & Cocktails to Go!
Visit our website www.francostrmetro.com for our most updated offerings.
A delivery fee will be applied to all delivery orders based on distance & gas prices.
An automatic gratuity may be applied to orders over \$50 and/or inclement weather situations.



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SANDWICHES

Available All Day, Served on a Long Italian Roll with French Fries

SHRIMP PARM HERO | \$15.95

VEAL PARM HERO | \$16.95

SAUSAGE, BROCCOLI RABE &

MOZZARELLA HERO | \$14.95

GRILLED CHICKEN, BROCCOLI RABE &

MOZZARELLA HERO | \$14.95

CHICKEN PARM VODKA HERO | \$14.95

CHICKEN FRANCESE HERO | \$14.95

MOZZARELLA CHEESESTEAK

& ONION HERO | \$14.95

SAUSAGE, PEPPERS & ONIONS | \$14.95

SAUSAGE PARM HERO | \$14.95

PROSCIUTTO, FRESH MOZZARELLA &

ROASTED PEPPERS | \$14.95

Lettuce, Tomato, Oil & Balsamic

GRILLED CHICKEN HERO | \$13.95

Lettuce, Tomato, Oil & Red Wine Vinegar

CHICKEN CUTLET HERO | \$13.95

Lettuce, Tomato, Oil & Red Wine Vinegar

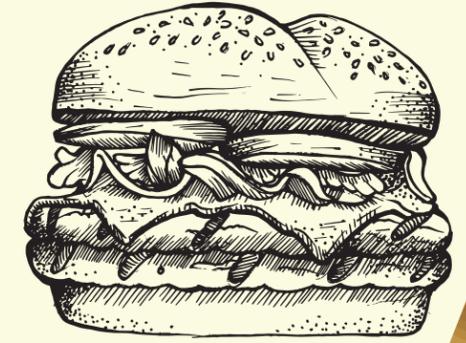
ITALIAN COMBO HERO | \$13.95

Ham, Salami & Provolone

MEATBALL PARM HERO | \$13.95

CHICKEN PARM HERO | \$13.95

EGGPLANT PARM HERO | \$13.95



WE DELIVER!
Korean Menu Available Online

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Plaza West Shopping Center

North Jersey's Best Office &
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*All lunch entrées other than pasta, stuffed pasta & baked pasta are served with a choice of vegetable medley & potato croquet or a side salad or penne/linguini marinara. Unless otherwise mentioned in the items description. Any substitution of side dishes will incur an additional charge. Please inform your order taker of any food allergies or dietary restrictions as we will do our best to accommodate your needs.

HOT APPETIZERS

- BUFFALO FRIED CALAMARI | \$13.95
- SWEET N' SPICY CALAMARI | \$13.95
- CLASSIC FRIED CALAMARI | \$12.95
- BACON WRAPPED SCALLOPS | \$19.95
- ARANCINI (3 RICE BALLS) | \$15.95
- FRIED ZUCCHINI SPEARS | \$12.95
- MOZZARELLA STICKS | \$9.95
- BAKED CLAMS | \$12.95
- EGGPLANT ROLLATINI | \$10.95
- FRIED CHEESE RAVIOLI W/ VODKA SAUCE DIP | \$12.95
- TRADITIONAL GARLIC BREAD | \$5.95
- HOMEMADE LUMP CRAB CAKES | \$17.95
- SAUSAGE & HERBS STUFFED MUSHROOMS | \$14.95



COLD APPETIZERS

- COLD SHRIMP COCKTAIL | \$16.95
- CLAMS ON THE HALF SHELL (8 CLAMS) | \$13.95
- THE "CAPRESE" BRUSCHETTA | \$14.95
Tomato, Mozzarella, Roasted Peppers & Basil
- JUMBO LUMP CRAB MEAT COCKTAIL | \$27.95
Cold Crab Meat with all the Fixings



- HOT ANTIPASTO (FEEDS 2) \$24.95 | (FEEDS 4) \$39.95
Eggplant Rollatini, Baked Clams, Mozzarella in Carrozza, Garlic Shrimp, Stuffed Mushrooms, Bacon Scallops & Rice Balls
- FRANCO'S ITALIAN FRIES | \$9.95
Skin on fries, Bacon & Melted Italian Cheese with Ranch Dressing
- DRUNKEN FRIES | \$11.95
Skin on Fries, Vodka Sauce & Melted Mozzarella Cheese
- GARLIC BREAD PARMIGIANA | \$7.95
Traditional Italian Garlic Bread with Melted Mozzarella & Marinara Dip
- THE BEST MUSSELS AT THE MARKET! | \$19.95
Choose from Garlic White Wine, Sweet Red or Spicy Red
- MOZZARELLA IN CARROZZA APPETIZER W/ MARINARA DIP | \$13.95
- STEMMED ARTICHOKE OREGANATA | \$14.95

- COLD ANTIPASTO | \$18.95
A Smorgasbord of Italian Meats & Cheese over Mixed Greens
- COLD SEAFOOD PLATE FOR 2 | \$29.95
Little Neck Clams, Shrimp, Jumbo Lump Crab Meat & Marinated Octopus

THE TUSCAN PLATTER | \$20.95
Fresh Mozzarella, Sliced Tomatoes, Prosciutto di Parma, Roasted Peppers, Stemmed Artichokes, Basil & Balsamic Drizzle

WINGS & THINGS

- FRANCO'S JUMBO WINGS (6) \$13.95 | (12) \$19.95
Choose Buffalo, BBQ or Sweet N' Spicy. Served with Blue Cheese & Celery!
- SAUCY CHICKEN FINGERS Choose Buffalo, Franco's Signature BBQ or Sweet N' Spicy | \$12.95
- CHICKEN FINGERS | \$11.95

SALADS

- All Salads Are Gluten Free except Caesar Salad
- SEAFOOD SALAD | \$19.95
Shrimp, Calamari & Octopus
 - THE WEDGE | \$16.95
Iceberg, Bacon, Tomatoes, Onions & Blue Cheese
 - APPLE-WALNUT SALAD | \$14.95
Mixed Greens, Apples, Walnuts, Gorgonzola, Cranberry & Balsamic Vinaigrette
 - CAPRESE SALAD | \$16.95
Tomato, Mozzarella, Roasted Pepper & Basil
 - CRANBERRY, ROMAINE, WALNUT & GORGONZOLA SALAD | \$13.95
 - ITALIAN DELUXE SALAD | \$12.95
Mixed Green Salad with Rolled Ham, Salami & Provolone
 - FAMOUS CAESAR SALAD | \$11.95
 - FRANCO'S CLASSIC COMBO SALAD | \$11.95
Mixed Lettuce, Tomato, Onions, Olives, Carrots, Cucumber & a Hot Pepper
 - ARUGULA, SPINACH, MOZZARELLA & ROASTED PEPPER SALAD | \$14.95
 - PEAR & PECAN SALAD | \$18.95
Mixed Greens, Golden Raisins, Fresh Pear, Candied Pecans, Gorgonzola & Homemade Maple Balsamic Dressing

Add to Any Salad or Pasta!

- GRILLED OR CHICKEN CUTLET | \$5.99
- BLACKENED CHICKEN | \$6.99
- GRILLED SHRIMP (4) | \$8.99
- RICOTTA | \$2.99
- BLACKENED SHRIMP (4) | \$9.99
- GRILLED SALMON | \$9.99
- BLACKENED SALMON | \$10.99
- FRESH MOZZARELLA | \$4.99
- SHAVED PARM | \$3.99



Note: Because extra produce is required to complete a Chopped Salad, the Chopping of any Salad will incur an \$2.00 Additional Charge

EGGPLANT, PORK & SAUSAGE

- EGGPLANT ROLLATINI DINNER | \$19.95
- EGGPLANT PARMIGIANA DINNER | \$19.95
- SAUSAGE, PEPPERS & ONIONS OVER ZITI | \$20.95
Red Sauce or Garlic Sauce
- GRILLED SAUSAGE OVER BROCCOLI RABE | \$23.95
- GRILLED SAUSAGE PARMIGIANA | \$22.95

STUFFED & BAKED PASTA

- SPINACH RAVIOLI CREAMY PESTO | \$18.95
- CHEESE RAVIOLI VODKA SAUCE | \$18.95
- MEAT RAVIOLI BOLOGNESE | \$18.95
Meat Sauce
- CHEESE RAVIOLI MARINARA | \$17.95
- MEAT LASAGNA | \$17.95
- CHEESE TORTELLINI | \$17.95
In Creamy Alfredo Sauce
- BAKED ZITI | \$15.95
- BAKED ZITI VODKA | \$17.95

PASTA

- GNOCCHI CREAMY PESTO | \$18.95
- FETTUCCINE ALFREDO | \$16.95
- PENNE VODKA SAUCE | \$16.95
- WILD MUSHROOM "PURSE PASTA" | \$20.95
Creamy Gorgonzola Sauce or Creamy Truffle Sauce
- LINGUINI MARECHIARA | \$21.95
Clams, Shrimp & Light Red Sauce
- PENNE FRANCO | \$19.95
Penne Pasta with Broccoli, Sun-Dried Tomatoes & Chicken in a Garlic Sauce
- CAVATELLI WITH CHICKEN & BROCCOLI | \$19.95
- SPAGHETTI MARINARA WITH MEATBALLS | \$17.95
- ZITI WITH BROCCOLI RABE, WHITE BEAN & SAUSAGE | \$19.95
- SPAGHETTI CARBONARA | \$19.95
Bacon & Onions, Cream Sauce
- PENNE PRIMAVERA PASTA | \$18.95
Vegetables with Garlic Sauce or Red Sauce
- RIGATONI BOLOGNESE (MEAT SAUCE) | \$17.95
- RIGATONI POMODORO | \$16.95
Fresh Tomato, Basil & Garlic Sauce
- LINGUINI WHITE CLAM SAUCE | \$20.95
- PASTA PERFECTO | \$20.95
Spaghetti with Bacon, Chicken, Onions, Diced Tomatoes, Creamy Vodka Sauce
- SPAGHETTI "CRAB" CARBONARA | \$25.95
Jumbo Lump Crab Meat, Bacon & Onions Cream Sauce

Substitute Whole Wheat Spaghetti, Whole Wheat Penne or Gluten Free Penne for any of the above pasta dishes



HOMEMADE SOUP

- Cup: \$4.95 | Bowl: \$7.95
- CHICKEN SOUP | PASTA FAGIOLI | LENTIL SOUP
- Ask us about our soup of the day!

CHICKEN (C) & VEAL (V)

- PARMIGIANA (C) | \$22.95 | (V) \$27.95
- FRANCESE (C) | \$22.95 | (V) \$27.95
- MARSALA (C) | \$22.95 | (V) \$27.95
- OREGANATA (C) | \$22.95 | (V) \$27.95
(Lemon & Caper)
- SCARPARIELLO (C) \$25.95 | (V) \$30.95
Sauce with Sausage, Spicy Peppers & Garlic Sauce
- CACCIATORE (C) \$25.95 | (V) \$30.95
Sauce with Peppers, Onions & Mushrooms
- "LUIS STYLE"
PAN FRIED (C) \$25.95 | (V) \$30.95
Topped with a Baby Arugula Salad |
- "SONIA STYLE"
PAN FRIED (C) \$25.95 | (V) \$30.95
Topped with a Tomato, Mozzarella & Basil Salad

STEAK

- House Cut 16 oz. Certified Black Angus New York Strip Steak
- OSCAR STYLE | \$43.95
Jumbo Lump Crab Meat, Asparagus Tips & Grape Tomatoes
- STEAK N' SHRIMP STYLE | \$38.95
3 Jumbo Shrimp in a Garlic Sauce
- PIZZAIOLO STYLE | \$36.95
Peppers, Mushrooms, Onions, Roasted Peppers & Red Sauce
- GORGONZOLA CRUSTED | \$34.95
- MARSALA STYLE | \$34.95
Rich Mushroom Wine Sauce
- BLACKENED | \$34.95
Rubbed with a Jerk Spice and Pan Seared
- SEASONED & GRILLED | \$33.95



SEAFOOD

- Choose Your Fresh Fish: Fresh Flounder \$26.95 · Dayboat Sea Scallops \$28.95 · Atlantic Salmon \$28.95 · Jumbo Shrimp \$23.95
- OSCAR STYLE | +\$12.00
Jumbo Lump Crab Meat, Asparagus Tips & Grape Tomatoes
- FRANCESE | +\$6.00
Egg Dipped and Smothered in a Lemon Butter Sauce
- BLACKENED | +\$5.00
Rubbed with a Red Fish Spice & Pan Seared
- POMODORO OR FRA DIAVOLO | +\$5.00
Topped w/ a Fresh Tomato & Basil Garlic Sauce Like It Spicy
- OREGANATA | +\$5.00
Sprinkled with Garlicky Breadcrumbs, Baked then Finished in a Scampi Sauce



SEAFOOD SPECIALTIES

- FRANCO'S FAMOUS MIXED FISH CALABRESE | \$33.95
Clams, Mussels, Scallops, Calamari & Shrimp
- "S O S" PASTA | \$29.95
Shrimp, Octopus & Scallops, Mild or Spicy Over Fettuccine |
- 2 LUMP CRAB CAKES WITH SAUTEED SPINACH | \$26.95
- GARLIC SHRIMP SCAMPI OVER LINGUINI | \$25.95
- PAN FRIED FLOUNDER LUIS | \$30.95
Topped with a Baby Arugula Salad |
- FRIED SHRIMP OR SHRIMP PARMIGIANA | \$25.95
- HORSERADISH CRUSTED SALMON IN WHITE WINE SAUCE | \$32.95

HEALTHY EATS

- GRILLED ATLANTIC SALMON | \$28.95
- GRILLED SALMON POMODORO | \$33.95
- GRILLED CHICKEN PLATTER | \$21.95
- GRILLED CHICKEN PARMIGIANA | \$22.95
- GRILLED CHICKEN LUIS | \$25.95
Topped with a Baby Arugula Salad
- GRILLED CHICKEN SONIA | \$25.95
Topped with a Tomato, Mozzarella & Basil Salad



SIDES TO SHARE

- BROCCOLI RABE & SAUSAGE | \$13.95
 - BROCCOLI RABE | \$10.95
 - SPINACH | \$10.95
 - BROCCOLI | \$10.95
 - ASPARAGUS | \$11.95
 - FRENCH FRIES | \$6.95
 - SIDE OF MEATBALLS | \$5.95
 - POTATO CROQUETTES (2) | \$4.95
- All entrées other than pasta, stuffed pasta & baked pasta are served with a choice of vegetable medley & potato croquet or a side salad or penne/linguini marinara, unless otherwise mentioned in the item's description.
- Any substitution of side dishes will incur an additional charge please inform your order taker of any food allergies or dietary restrictions as we will do our best to accommodate your needs.

FOR THE KIDS

9 Years and Under Please!

- KIDS PENNE VODKA | \$12.95
- KIDS PEPPERONI PIZZA | \$15.95
- KIDS MOZZARELLA CHEESE PIZZA | \$13.95
- KIDS SPAGHETTI & MEATBALLS | \$11.95
- KIDS CHICKEN FINGERS & FRIES | \$10.95
- KIDS MOZZARELLA STICKS & FRIES | \$9.95
- KIDS MACARONI & CHEESE | \$9.95
- KIDS PENNE BUTTER SAUCE OR MARINARA | \$9.95

PIZZA MENU

FRANCO'S TRADITIONAL PIZZAS

Personal 12" Family 16"

- MOZZARELLA CHEESE PIZZA | \$13.95 | \$16.95
- BIANCA WHITE PIZZA | \$15.95 | \$18.95
Mozzarella & Ricotta
- MARGHERITA PIZZA | \$16.95 | \$19.95
- PRIMAVERA VEGETABLE WHITE PIZZA | \$16.95 | \$19.95
- 3 MEAT PIZZA | \$16.95 | \$19.95
Meatball, Sausage & Pepperoni
- SAUSAGE, PEPPERS & ONIONS PIZZA | \$16.95 | \$19.95
- PINEAPPLE & HAM PIZZA | \$16.95 | \$19.95
- TOMATO, BASIL & GARLIC PIZZA | \$16.95 | \$19.95
- SALAD PIZZA | \$16.95 | \$19.95
Arugula, Diced Tomato & Shaved Parmesan Cheese
- BREADED CHICKEN PARMIGIANA PIZZA | \$18.95 | \$21.95
- BREADED CHICKEN VODKA PIZZA | \$19.95 | 22.95
- BREADED BUFFALO CHICKEN PIZZA | \$19.95 | \$22.95
- BBQ CHICKEN PIZZA | \$19.95 | \$22.95
- CHEESESTEAK PIZZA | \$19.95 | \$22.95
Chopped Steak, Onions & Mozzarella Cheese |
- SHRIMP, ONION & GARLIC PIZZA | \$22.95 | \$25.95
- CLAM & GARLIC PIZZA | \$22.95 | \$25.95
- CHICKEN, BACON & RANCH PIZZA | \$20.95 | \$23.95
- FRANCO'S SOUTHWEST CHICKEN PIZZA | \$20.95 | \$23.95
Seasoned Chicken, Grilled Onions & Peppers, Chipotle Drizzle



TRADITIONAL GARLIC KNOTS (6) \$6.95 | (12) \$8.95

