



CREATE YOUR OWN PIZZA!

TOPPINGS INCLUDE:

Pepperoni, Bacon, Ham, Basil, Sausage, Black Olives, Hot Peppers, Anchovies, Tomato, Meatballs, Green Olives, Fresh Mushrooms, Ricotta, Pickles, Onions, Sweet Peppers, Extra Cheese

THE SQUARES - IT'S HIP TO BE SQUARE!

Personal 12" Family 16"

NONNA PIE | \$18.95 | \$22.95

Flat Square Pizza, Fresh Mozzarella, Marinara, Sprinkled Parm & Basil

SPINACH & ARTICHOKE PIE | \$19.95 | \$23.95
Fresh cream spinach with melted mozzarella

STUFFED PIZZAS

(12 INCH PIZZAS)

FRANCO'S STUFFED & MEATY

Stuffed w/ Meatballs, Sausage, Ham, Pepperoni, Mozzarella & Baked!

FRANCO'S STUFFED & VEGGIE

Stuffed w/ Mixed Garlic Sautéed Veggies, Mozzarella & Baked!

\$24.95 EACH!

SPECIALTY PIZZA

10" GLUTEN FREE PIZZA | \$13.95

LARGE SICILIAN PIZZA | \$23.95

FRANCO'S FLATBREAD PIZZA | \$13.95

Fresh Mozzarella, Tomato Sauce, Cherry Tomatoes & Basil

THE CALZONE CORNER

Huge, Delicious, Made to Order Always!

CHEESESTEAK | \$15.95

CHICKEN PARMIGIANA | \$15.95

SPINACH | \$13.95

CHEESE | \$12.95

BUFFALO CHICKEN | \$15.95

Served w/ Blue Cheese

PRIMAVERA Vegetable | \$14.95

3 MEAT | \$14.95

Pepperoni, Sausage & Meatballs

DESSERTS

Ask us About Our Dessert of the Day!

WARM CHOCOLATE LAVA CAKE | \$10.95

With Vanilla Bean Ice Cream

TIRAMISU | \$8.95

LIMONCELLO CAKE | \$8.95

NONNO FRANK'S

RISOTTO PUDDING | \$9.95

With Whipped Cream & Cinnamon

TARTUFO | \$8.95

**All lunch entrées other than pasta, stuffed pasta & baked pasta are served with a choice of vegetable medley & potato croquet or a side salad or penne/linguini marinara. Unless otherwise mentioned in the items description.*

Any substitution of side dishes will incur an additional charge.

Please inform your order taker of any food allergies or dietary restrictions as we will do our best to accommodate your needs.

LUNCH SPECIALTIES

Available Daily 11 AM - 4 PM

Add a Starter Salad to any

Lunch Entrée \$5.99!

FRESH FLOUNDER OREGANATA | \$19.95

with Spinach

BLACKENED SALMON | \$20.95

with Broccoli Rabe

GRILLED SALMON | \$19.95

with Sautéed Spinach

PAN SEARED SCALLOPS | \$19.95

with Asparagus

BLACKENED SHRIMP | \$18.95

with Broccoli Rabe

GARLIC SHRIMP SCAMPI | \$17.95

over Linguini

CHICKEN SCARPARIELLO | \$19.95

over Fettuccine

PEI MUSSELS | \$17.95

Over Linguini Choose from Garlic White Wine, Sweet Red or Spicy Red Sauces

*CHICKEN LUIS | \$17.95

Grilled or Pan Fried Topped with a Baby Arugula Salad

*CHICKEN SONIA | \$17.95

Grilled or Pan Fried Topped with a Tomato, Mozzarella & Basil Salad

GRILLED SAUSAGE | \$16.95

over Broccoli Rabe

GRILLED CHICKEN | \$15.95

with Mixed Vegetables

*CHICKEN | \$16.95

(Parmigiana, Francese, Marsala, Picata)

EGGPLANT ROLLATINI | \$13.95

over Penne

*EGGPLANT PARMIGIANA LUNCH | \$15.95

HORSERADISH CRUSTED

SALMON WITH ASPARAGUS

IN A WHITE WINE SAUCE | \$24.95

CHICKEN CACCIATORE OVER

FETTUCINE | \$19.95

Red Sauce w/ Peppers, Onions & Mushrooms

PLEASE
SPECIFY LUNCH
PORTION WHEN
ORDERING

FAMOUS WRAPS \$14.95

Gluten Free Wraps Now Available! Served with Skin on Fries or Mixed Green Salad

Available Daily 11 AM - 4 PM

BUFFALO CHICKEN WRAP

Lettuce, Tomato, Breaded Buffalo

Chicken & Blue Cheese Dressing

CHICKEN CAESAR WRAP

Crisp Romaine, Shaved Parm, Grilled

Chicken & Caesar Dressing

CHICKEN PESTO WRAP

Grilled Chicken, Spinach, Tomato,

Mozzarella & Fresh Pesto

EGGPLANT BELMONTE

Breaded Eggplant, Mozzarella,

Roasted Peppers & Baby Arugula

CHICKEN BELMONTE

Grilled Chicken, Mozzarella, Roasted

Peppers & Baby Arugula

CHICKEN BACON RANCH

Lettuce, Tomato, Grilled

Chicken, Bacon & Ranch

SOUTHWEST CHICKEN WRAP

Seasoned Chicken, Peppers, Onions,

Provolone & Chipotle Dressing

CHICKEN CHIPOTLE WRAP

Breaded Chicken, Lettuce,

Tomatoes, Onions & Chipotle

CHEESESTEAK WRAP

Steak, Onions, Lettuce, Tomato & Mozzarella

FRESH PRESSED

PANINI \$15.95

Now Served on Homemade

Focaccia Bread! Served with Skin

on Fries or Mixed Green Salad

Available Daily 11 AM - 4 PM

CHICKEN PESTO PANINI

Grilled Chicken, Sliced Tomato,

Pesto & Fresh Mozzarella

EGGPLANT BELMONTE PANINI

Breaded Eggplant, Fresh Mozzarella,

Roasted Peppers, Balsamic & Oil

CHICKEN BELMONTE PANINI

Grilled Chicken, Fresh Mozzarella,

Roasted Peppers, Balsamic & Oil

PROSCIUTTO & MOZZARELLA PANINI

Prosciutto Di Parma, Fresh Mozzarella, Roasted

Peppers, Roasted Tomatoes, Oil & Balsamic

ITALIAN COMBO PANINI

Ham, Genoa Salami, Provolone, Sliced

Tomatoes, Oil, Red Wine Vinegar & Oregano

CHICKEN & RABE PANINI

Breaded or Grilled Chicken, Garlic

Sautéed Broccoli Rabe, Fresh

Mozzarella & Roasted Tomatoes

TOMATO & MOZZARELLA PANINI

Sliced Tomato, Fresh Mozzarella,

Roasted Peppers & Pesto

PANINI SORRENTINO

Grilled Chicken, Breaded Eggplant, Prosciutto,

Roasted Tomatoes, Oil & Balsamic



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SANDWICHES

Available All Day, Served on a Long Italian Roll with French Fries

SHRIMP PARM HERO | \$15.95

VEAL PARM HERO | \$16.95

SAUSAGE, BROCCOLI RABE &

MOZZARELLA HERO | \$14.95

GRILLED CHICKEN, BROCCOLI RABE &

MOZZARELLA HERO | \$14.95

CHICKEN PARM VODKA HERO | \$14.95

CHICKEN FRANCESE HERO | \$14.95

MOZZARELLA CHEESESTEAK

& ONION HERO | \$14.95

SAUSAGE, PEPPERS & ONIONS | \$14.95

SAUSAGE PARM HERO | \$14.95

PROSCIUTTO, FRESH MOZZARELLA &

ROASTED PEPPERS | \$14.95

Lettuce, Tomato, Oil & Balsamic

GRILLED CHICKEN HERO | \$13.95

Lettuce, Tomato, Oil & Red Wine Vinegar

CHICKEN CUTLET HERO | \$13.95

Lettuce, Tomato, Oil & Red Wine Vinegar

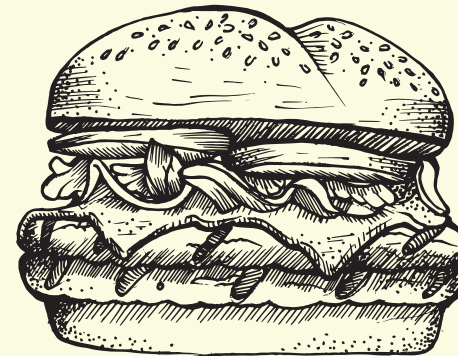
ITALIAN COMBO HERO | \$13.95

Ham, Salami & Provolone

MEATBALL PARM HERO | \$13.95

CHICKEN PARM HERO | \$13.95

EGGPLANT PARM HERO | \$13.95



Something Special Since 1972!



WE DELIVER!

Korean Menu Available Online

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1475 Bergen Boulevard Fort Lee, NJ

Plaza West Shopping Center

North Jersey's Best Office &
Home Caterer, Ask us How Today!

Gift Cards Available Online!

WWW.FRANCOSMETRO.COM

Online Ordering Now Available!

HOT APPETIZERS

BUFFALO FRIED CALAMARI | \$13.95
SWEET N' SPICY CALAMARI | \$13.95
CLASSIC FRIED CALAMARI | \$12.95
BACON WRAPPED SCALLOPS || \$19.95
ARANCINI (3 RICE BALLS) | \$15.95
FRIED ZUCCHINI SPEARS | \$12.95
MOZZARELLA STICKS | \$9.95
BAKED CLAMS | \$12.95
EGGPLANT ROLLATINI | \$10.95
FRIED CHEESE RAVIOLI
W/ VODKA SAUCE DIP | \$12.95
TRADITIONAL GARLIC BREAD | \$5.95
HOMEMADE LUMP CRAB CAKES | \$17.95
SAUSAGE & HERBS STUFFED
MUSHROOMS | \$14.95



COLD APPETIZERS

COLD SHRIMP COCKTAIL | \$16.95
CLAMS ON THE HALF SHELL (8 CLAMS) | \$13.95
THE "CAPRESE" BRUSCHETTA | \$14.95
Tomato, Mozzarella, Roasted Peppers & Basil
JUMBO LUMP CRAB MEAT COCKTAIL | \$27.95
Cold Crab Meat with all the Fixings

THE TUSCAN PLATTER | \$20.95
Fresh Mozzarella, Sliced Tomatoes, Prosciutto di Parma, Roasted Peppers,
Stemmed Artichokes, Basil & Balsamic Drizzle

WINGS & THINGS

FRANCO'S JUMBO WINGS (6) \$13.95 | (12) \$19.95
Choose Buffalo, BBQ or Sweet N' Spicy. Served with Blue Cheese & Celery!
SAUCY CHICKEN FINGERS Choose Buffalo, Franco's Signature BBQ or Sweet N' Spicy | \$12.95
CHICKEN FINGERS | \$11.95

SALADS

All Salads Are Gluten Free except Caesar Salad
SEAFOOD SALAD | \$19.95
Shrimp, Calamari & Octopus
THE WEDGE | \$16.95
Iceberg, Bacon, Tomatoes,
Onions & Blue Cheese
APPLE-WALNUT SALAD | \$14.95
Mixed Greens, Apples, Walnuts, Gorgonzola,
Cranberry & Balsamic Vinaigrette
CAPRESE SALAD | \$16.95
Tomato, Mozzarella, Roasted Pepper & Basil
CRANBERRY, ROMAINE, WALNUT &
GORGONZOLA SALAD | \$13.95

Add to Any Salad or Pasta!

GRILLED OR CHICKEN CUTLET | \$5.99
BLACKENED CHICKEN | \$6.99
GRILLED SHRIMP (4) | \$8.99
RICOTTA | \$2.99
BLACKENED SHRIMP (4) | \$9.99

Note: Because extra produce is required to complete a Chopped Salad,
the Chopping of any Salad will incur an \$2.00 Additional Charge



HOT ANTIPASTO
(FEEDS 2) \$24.95 | (FEEDS 4) \$39.95
Eggplant Rollatini, Baked Clams, Mozzarella
in Carrozza, Garlic Shrimp, Stuffed
Mushrooms, Bacon Scallops & Rice Balls
FRANCO'S ITALIAN FRIES | \$9.95
Skin on fries, Bacon & Melted Italian
Cheese with Ranch Dressing
DRUNKEN FRIES | \$11.95
Skin on Fries, Vodka Sauce &
Melted Mozzarella Cheese
GARLIC BREAD PARMIGIANA | \$7.95
Traditional Italian Garlic Bread with
Melted Mozzarella & Marinara Dip
THE BEST MUSSELS AT THE MARKET! | \$19.95
Choose from Garlic White Wine,
Sweet Red or Spicy Red
MOZZARELLA IN CARROZZA APPETIZER
W/ MARINARA DIP | \$13.95
STEMMED ARTICHOKE OREGANATA | \$14.95



COLD ANTIPASTO | \$18.95
A Smorgasbord of Italian Meats
& Cheese over Mixed Greens
COLD SEAFOOD PLATE FOR 2 | \$29.95
Little Neck Clams, Shrimp, Jumbo Lump
Crab Meat & Marinated Octopus

EGGPLANT, PORK & SAUSAGE

EGGPLANT ROLLATINI DINNER | \$19.95
EGGPLANT PARMIGIANA DINNER | \$19.95
SAUSAGE, PEPPERS
& ONIONS OVER ZITI | \$20.95
Red Sauce or Garlic Sauce
GRILLED SAUSAGE
OVER BROCCOLI RABE | \$23.95
GRILLED SAUSAGE PARMIGIANA | \$22.95

STUFFED & BAKED PASTA

SPINACH RAVIOLI CREAMY PESTO | \$18.95
CHEESE RAVIOLI VODKA SAUCE | \$18.95
MEAT RAVIOLI BOLOGNESE | \$18.95
Meat Sauce
CHEESE RAVIOLI MARINARA | \$17.95
MEAT LASAGNA | \$17.95
CHEESE TORTELLINI | \$17.95
In Creamy Alfredo Sauce
BAKED ZITI | \$15.95
BAKED ZITI VODKA | \$17.95

PASTA

GNOCCHI CREAMY PESTO | \$18.95
FETTUCCINE ALFREDO | \$16.95
PENNE VODKA SAUCE | \$16.95
WILD MUSHROOM "PURSE PASTA" | \$20.95
Creamy Gorgonzola Sauce or
Creamy Truffle Sauce
LINGUINI MARECHIARA | \$21.95
Clams, Shrimp & Light Red Sauce
PENNE FRANCO | \$19.95
Penne Pasta with Broccoli, Sun-Dried
Tomatoes & Chicken in a Garlic Sauce
CAVATELLI WITH CHICKEN
& BROCCOLI | \$19.95
SPAGHETTI MARINARA
WITH MEATBALLS | \$17.95
ZITI WITH BROCCOLI RABE,
WHITE BEAN & SAUSAGE | \$19.95
SPAGHETTI CARBONARA | \$19.95
Bacon & Onions, Cream Sauce
PENNE PRIMAVERA PASTA | \$18.95
Vegetables with Garlic Sauce or Red Sauce
RIGATONI
BOLOGNESE (MEAT SAUCE) | \$17.95
RIGATONI POMODORO | \$16.95
Fresh Tomato, Basil & Garlic Sauce
LINGUINI WHITE CLAM SAUCE | \$20.95
PASTA PERFECTO | \$20.95
Spaghetti with Bacon, Chicken, Onions,
Diced Tomatoes, Creamy Vodka Sauce
SPAGHETTI "CRAB" CARBONARA | \$25.95
Jumbo Lump Crab Meat, Bacon
& Onions Cream Sauce

Substitute Whole Wheat Spaghetti, Whole
Wheat Penne or Gluten Free Penne
for any of the above pasta dishes



HOMEMADE SOUP

Cup: \$4.95 | Bowl: \$7.95
CHICKEN SOUP | PASTA
FAGIOLI | LENTIL SOUP
Ask us about our soup of the day!

CHICKEN (C) & VEAL (V)

PARMIGIANA (C) | \$22.95 | (V) \$27.95
FRANCESE (C) | \$22.95 | (V) \$27.95
MARSALA (C) | \$22.95 | (V) \$27.95
OREGANATA (C) | \$22.95 | (V) \$27.95
PICCATA (C) \$22.95 | (V) \$27.95
(Lemon & Caper)
SCARPARELLO (C) \$25.95 | (V) \$30.95
Sauce with Sausage, Spicy
Peppers & Garlic Sauce
CACCIATORE (C) \$25.95 | (V) \$30.95
Sauce with Peppers, Onions & Mushrooms
"LUIS STYLE"
PAN FRIED (C) \$25.95 | (V) \$30.95
Topped with a Baby Arugula Salad |
"SONIA STYLE"
PAN FRIED (C) \$25.95 | (V) \$30.95
Topped with a Tomato, Mozzarella & Basil Salad

STEAK

House Cut 16 oz. Certified Black
Angus New York Strip Steak
OSCAR STYLE | \$43.95
Jumbo Lump Crab Meat, Asparagus
Tips & Grape Tomatoes
STEAK N' SHRIMP STYLE | \$38.95
3 Jumbo Shrimp in a Garlic Sauce
PIZZAIOLO STYLE | \$36.95
Peppers, Mushrooms, Onions,
Roasted Peppers & Red Sauce
GORGONZOLA CRUSTED | \$34.95
MARSALA STYLE | \$34.95
Rich Mushroom Wine Sauce
BLACKENED | \$34.95
Rubbed with a Jerk Spice and Pan Seared
SEASONED & GRILLED | \$33.95



SEAFOOD

Choose Your Fresh Fish: Fresh Flounder \$26.95 ·
Dayboat Sea Scallops \$28.95 ·
Atlantic Salmon \$28.95 · Jumbo Shrimp \$23.95
OSCAR STYLE | +\$12.00
Jumbo Lump Crab Meat, Asparagus
Tips & Grape Tomatoes
FRANCESE | +\$6.00
Egg Dipped and Smothered in
a Lemon Butter Sauce
BLACKENED | +\$5.00
Rubbed with a Red Fish Spice & Pan Seared
POMODORO OR FRA DIAVOLO | +\$5.00
Topped w/ a Fresh Tomato & Basil
Garlic Sauce Like It Spicy
OREGANATA | +\$5.00
Sprinkled with Garlicky Breadcrumbs,
Baked then Finished in a Scampi Sauce



SEAFOOD SPECIALTIES

FRANCO'S FAMOUS MIXED
FISH CALABRESE | \$33.95
Clams, Mussels, Scallops, Calamari & Shrimp
"S O S" PASTA | \$29.95
Shrimp, Octopus & Scallops, Mild
or Spicy Over Fettuccine |
2 LUMP CRAB CAKES WITH
SAUTEED SPINACH | \$26.95
GARLIC SHRIMP SCAMPI
OVER LINGUINI | \$25.95
PAN FRIED FLOUNDER LUIS | \$30.95
Topped with a Baby Arugula Salad |
FRIED SHRIMP OR SHRIMP
PARMIGIANA | \$25.95
HORSERADISH CRUSTED SALMON IN
WHITE WINE SAUCE | \$32.95

HEALTHY EATS

GRILLED ATLANTIC SALMON | \$28.95
GRILLED SALMON POMODORO | \$33.95
GRILLED CHICKEN PLATTER | \$21.95
GRILLED CHICKEN PARMIGIANA | \$22.95
GRILLED CHICKEN LUIS | \$25.95
Topped with a Baby Arugula Salad
GRILLED CHICKEN SONIA | \$25.95
Topped with a Tomato,
Mozzarella & Basil Salad



SIDES TO SHARE

BROCCOLI RABE & SAUSAGE | \$13.95
BROCCOLI RABE | \$10.95
SPINACH | \$10.95
BROCCOLI | \$10.95
ASPARAGUS | \$11.95
FRENCH FRIES | \$6.95
SIDE OF MEATBALLS | \$5.95
POTATO CROQUETTES (2) | \$4.95

All entrées other than pasta, stuffed pasta & baked pasta are served with a
choice of vegetable medley & potato croquet or a side salad or penne/linguini
marinara. unless otherwise mentioned in the item's description.

Any substitution of side dishes will incur an additional charge please inform your order taker of
any food allergies or dietary restrictions as we will do our best to accommodate your needs.

FOR THE KIDS

9 Years and Under Please!

KIDS PENNE VODKA | \$12.95
KIDS PEPPERONI PIZZA | \$15.95
KIDS MOZZARELLA CHEESE PIZZA | \$13.95
KIDS SPAGHETTI & MEATBALLS | \$11.95
KIDS CHICKEN FINGERS & FRIES | \$10.95
KIDS MOZZARELLA STICKS & FRIES | \$9.95
KIDS MACARONI & CHEESE | \$9.95
KIDS PENNE BUTTER SAUCE
OR MARINARA | \$9.95



PIZZA MENU

FRANCO'S TRADITIONAL PIZZAS

Personal 12" Family 16"

MOZZARELLA CHEESE PIZZA | \$13.95 | \$16.95
BIANCA WHITE PIZZA | \$15.95 | \$18.95
Mozzarella & Ricotta
MARGHERITA PIZZA | \$16.95 | \$19.95
PRIMAVERA VEGETABLE
WHITE PIZZA | \$16.95 | \$19.95
3 MEAT PIZZA | \$16.95 | \$19.95
Meatball, Sausage & Pepperoni
SAUSAGE, PEPPERS &
ONIONS PIZZA | \$16.95 | \$19.95
PINEAPPLE & HAM PIZZA | \$16.95 | \$19.95
TOMATO, BASIL &
GARLIC PIZZA | \$16.95 | \$19.95
SALAD PIZZA | \$16.95 | \$19.95
Arugula, Diced Tomato &
Shaved Parmesan Cheese
BREADED CHICKEN
PARMIGIANA PIZZA | \$18.95 | \$21.95
BREADED CHICKEN
VODKA PIZZA | \$19.95 | \$22.95
BREADED BUFFALO
CHICKEN PIZZA | \$19.95 | \$22.95
BBQ CHICKEN PIZZA | \$19.95 | \$22.95
CHEESESTEAK PIZZA | \$19.95 | \$22.95
Chopped Steak, Onions &
Mozzarella Cheese |
SHRIMP, ONION &
GARLIC PIZZA | \$22.95 | \$25.95
CLAM & GARLIC PIZZA | \$22.95 | \$25.95
CHICKEN, BACON &
RANCH PIZZA | \$20.95 | \$23.95
FRANCO'S SOUTHWEST
CHICKEN PIZZA | \$20.95 | \$23.95
Seasoned Chicken, Grilled Onions
& Peppers, Chipotle Drizzle

TRADITIONAL GARLIC
KNOTS (6) \$6.95 | (12) \$8.95

